

**Metamorphe Health Clinic**

**REVIEW OF SYSTEMS** – Check if you have had any of the following in the last six months.

**General**

- Fatigue
- Exhaustion
- Physical Pain
- Libido change
- Malaise
- Fevers
- Allergies

**Neurological**

- Weakness
- Tremor
- Depression
- Low endurance
- Crying spells
- Agitation
- Excess worry
- Phobia/Fears
- Panic Attacks
- Anxiety
- Suspicious
- Irritability
- Hallucinations
- Seizures
- Feeling shaky
- Hyperactive
- Easy distraction
- Balance issues
- Fainting
- Dizzy on standing
- Blackouts
- Poor concentration
- Poor memory
- Trouble thinking
- Indecisive
- Confusion
- Speech problem
- Change in taste
- Change in smell
- Blurry vision
- Change in vision

**Skin**

- Rash
- Excema
- Psoriasis
- Dry Skin
- Easy Bruising
- Hives
- Slow healing
- Varicose Veins
- Excessive sweating
- Sweaty palm/feet

**Musculoskeletal**

- Soreness
- Muscle cramps
- Weakness
- Muscle jerks
- Arthritis
- Joint pain
- Back pain
- Limited range of motion

**Urinary System**

- Urinating often
- Burning urine
- Hesitation on start urination
- Obstructed flow
- Loss of urine w/ cough/sneeze
- Infection
- Bed wetting

**Gastrointestinal**

- Mouth ulcers
- Canker sores
- Swollen tongue
- Heartburn

**Cardiovascular**

- Chest pain on exertion
- Leg pain on exertion
- Swollen extremities
- Cold hands/feet
- Irregular pulse
- Rapid Heart Rate
- Slow Pulse

**Respiratory**

- Congestion
- Sinusitis
- Sneezing
- Itchy eyes
- Watery eyes
- Dry eyes
- Red eyes
- Ear infections
- Sore Throat
- Drainage into throat
- Hoarseness
- Swollen Lymph nodes
- Shortness of breath
- Asthma
- Wheezing
- Tight Chest
- Chest pain
- Cough
- Bronchitis
- Pneumonia

**Sleep**

- Trouble falling asleep
- Trouble staying asleep
- Hard to wake up
- Trouble staying awake
- Wake to urinate
- Usually tired

**Female (cont'd)**

- PMS Symptoms
- Hot flashes
- Vaginal dryness
- Headaches
- Bloating
- Constipation
- Weight gain
- Irritability
- Depression
- Fatigue

**Male**

- Difficulty urinating
- Wake to urinate
- Urgent urination
- Sexual dysfunction

**Addictions**

- Alcohol
- Cigarettes
- Caffeine
- Marijuana
- Prescription drugs
- Work
- Sex
- Eating
- Other \_\_\_\_\_

**Others**

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\_\_\_\_\_  
\_\_\_\_\_

**Neurological  
(cont'd)**

- Hearing loss
- Ears ringing
- Headache, tension
- Headache, migraine
- Numbness

**Gastrointestinal  
(cont'd)**

- Indigestion
- Ulcer
- Nausea
- Vomiting
- Intestinal gas
- Bloating
- Constipation
- Diarrhea
- Hemorrhoids
- Gas pains
- Abdominal pain
- Loss of Appetite

**Female**

- Vaginal burning
- Vaginal itching
- Discomfort
- Discharge
- Infection
- Hair growth on face
- Irregular periods
- Menstrual cramps

